

# The Plough

AT EATON

## Nibbles

Marinated olives **£3.95**

Garlic bloomer bread **£3.25**

Cheesy garlic bloomer bread **£3.95**

Trio of breads with balsamic & olive oil **£3.95**

## Starters

**Soup of the Day** served with chargrilled bloomer *(vg/ gf available)* **£5.50**

**Coriander & Lime Hummus** topped with olives & sun blushed tomatoes, chargrilled flatbread *(vg)(gf available)* **£5.75**

**Hot Smoked Salmon & Spinach Florentine**, poached hens' egg sun blushed tomato butter sauce, chargrilled focaccia *(gf available)* **£6.25**

**Thai Devon Crab Cakes**, cucumber salad, sweet chilli dipping sauce and prawn crackers **£6.50**

**Sautéed Button Mushrooms**, finished in garlic & port cream sauce served, chargrilled bloomer *(vg/gf available)* **£5.95**

**Whipped Stilton & Cream Cheese Mousse**, candied walnuts, dressed rocket, red onion jam, ciabatta crostini *(gf available)* **£6.50**

**Confit of Duck Leg & Spring Onion Croquette**, hoi sin sauce, noodled vegetable & coriander salad **£6.95**

**Corned Beef Hash Cake**, wilted spinach, poached hens' egg, wholegrain mustard sauce **£6.50**

**King Prawn Thermidor**, dill & lemon gremolata, chargrilled bloomer *(gf available)* **£6.95**

**Local Game & Bury Black Pudding Sausage Roll**, plum & apple chutney, watercress salad **£6.50**

## Mains

8oz Rump **£16.95** 8oz Fillet **£22.95** **Chateaubriand** for Two **£44.95** *(Add king prawns in garlic butter £4.95)*

*All our steaks are flamed grilled British cattle & hung for 28 days by our butchers, flame-grilled and served with triple cooked chips, grilled tomato & mushrooms, French fried onion rings, watercress & peppercorn sauce (gf available) Chateaubriand includes 16oz Fillet steak served with blue cheese sauce, garlic green beans and full streak garnishes*

**Grilled 10oz Gammon Steak** served with triple cooked chips, two fried eggs, chargrilled pineapple & buttered garden peas *(gf)* **£12.95**

**Steak & Ale Shortcrust Pastry Pie** with triple cooked chips, buttered garden peas & a jug of gravy *(add a wedge of stilton for £1.50)* **£13.95**

**Mature Cheddar Cheese & Onion Pasty**, triple cooked chips, mushy marrowfat peas & red wine gravy *(v)* **£12.95**

**Classic Fish Pie** of Cod, Smoked Salmon & Prawns in a creamy Chardonnay & parsley sauce, topped with cheesy mash & served with a pot of garden peas *(gf)* **£13.95**

**Beer Battered Fleetwood Haddock** with triple cooked chips, mushy marrowfat peas, rustic tartare sauce *(gf available)* **£13.50**

**Grilled Fillets of Seabass**, crab and spring onion mash potato, tender stem broccoli and sun blushed tomato & white wine cream sauce *(gf)* **£15.50**

**Baked Fillet of Halibut**, seafood paella croquette, salsa Verdi, chorizo, wilted spinach **£16.95**

**Rice Noodle & Vegetable Salad**, peanut, chilli coriander dressing *(gf)*  
Maple & soy glazed seabass fillets **£13.95** Chicken Breast **£12.95** Steak Medallions (pink or well) **£15.95** Tofu *(vg)* **£12.95**

**The Plough's Steak Burger** with bacon, **£12.95** Chargrilled Chicken & Chorizo Burger **£12.95** Spicy five bean burger *(vg)* **£11.95** cheddar cheese, tomato relish, lettuce, tomato & red onion served on a brioche bun with skinny fries & house slaw *(gf available)*

**Caramelised Beetroot, Goats' Cheese & Wild Mushroom Wellington**, new potatoes, wilted greens & a jug of red wine gravy *(v)(vg on request)* **£12.95**

**Game & Balsamic Roasted Silver Skin Onion Shortcrust Pastry Pie**, sticky red cabbage, buttered new potatoes & a jug of red wine gravy **£14.95**

**Slow & Low Roasted Pig**, Bury black pudding, crushed new potatoes, green beans, cider stock sauce, carrot puree, crackling crumb *(gf available)* **£15.95**

**Pan-fried Ox Liver & Bacon**, creamy mash, buttered cabbage, onion rings, red wine gravy *(gf available)* **£13.95**

**Thai Green Fillet of Beef or Cauliflower & Jackfruit Curry**, sticky coconut rice, crushed peanuts & crispy coriander with *(gf)*: **£14.95 / £12.95**

**Moroccan Spiced Chickpea & Roasted Red Pepper Falafels**, chargrilled flatbread, house salad, tzatziki, sweet chilli sauce & sweet potato fries *(vg)* **£12.95**

### *Desserts* (all £5.95\*)

**Sticky Toffee Pudding** with toffee sauce & Jersey ice cream *(gf available)*

**Mixed Fruit Crumble Pie** with vanilla ice cream or sauce anglaise *(gf available)*  
*(vegan available)*

**Neapolitan Ice-cream** & Chantilly cream Profiteroles with hot chocolate sauce & peanut brittle

**Vegan Chocolate Brownie** with raspberry sorbet

**Raspberry & White Chocolate Bread & Butter Pudding**, sauce anglaise

**Cappuccino Panna Cotta**, short bread biscuit & hazelnut praline

**Mixed Ice Creams:** Three scoops with raspberry sauce, wafer & chocolate sprinkles *(gf available)*  
*(vegan available)*

**\*Cheese & Biscuits** with fruit loaf, crackers, celery, grapes & chutney *(gf available)* **£6.95**